

attention parents:
Are your teens hanging out too much?
Have the computer and video games
become their best friends? ? ? ?
Learn how to help them balance school & fun at:



TEEN ACTIVITIES forum

MONDAY, OCTOBER 19TH | 7PM-9PM

COLUMBIA HIGH SCHOOL | CAFETERIA

(Refreshments will be served)

YouthNet, in coordination with the South Mountain YMCA, the Parenting Center and the townships of South Orange and Maplewood is sponsoring an information sharing forum for **teens, parents, and youth service providers.**

Exciting and varied activities for teens abound in South Orange and Maplewood. Opportunities for teens to participate in visual arts, theatre, music, dance, athletics, adventure, community service, and internships will be presented in a “college fair” style. Guests can go table to table to learn about these valuable resources.

Dr Dale Atkins, keynote speaker, will discuss **“How to help your teen find balance”**. Dr Atkins is a licensed psychologist, author and popular commentator, and a frequent guest on the Today Show. She is known for her practical advice, keen intellect and warmth.

Admission is FREE. Attend and you'll have a chance to win an i-pod Shuffle! Questions?? Email Youthnet2009@yahoo.com



*Supporting the teen community
of South Orange and Maplewood*



We build strong kids, strong families, strong communities.



South Orange and Maplewood School District

