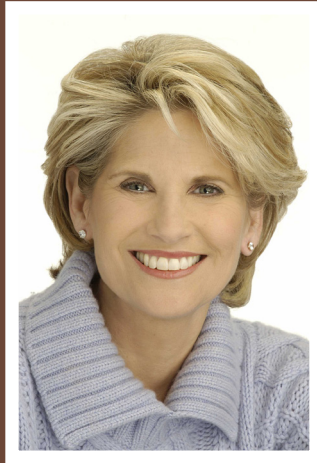


Dr. Dale Atkins is a licensed psychologist with over 30 years of experience as a relationship expert, focusing on families, wellness, aging gracefully, managing stress, and living a balanced, meaningful life. Author of six books (two more nearly finished) and many articles and journals for popular and professional audiences. She is a featured speaker at Canyon Ranch as well as the 92nd St "Y". She created and hosts "Dr. Dale's Life Issues", shown on PBS and cable, and is a recurring guest expert in the media. She regularly appears on NBC's TODAY show. Dr. Atkins has a private practice in New York City and lives in Connecticut where she can usually be found outdoors. She is an active volunteer in her community (she and her dog are a certified dog therapy team and volunteer at centers for elderly people as well as children). She sits on several non-profit boards whose foci are literacy, tolerance, wellness, child protection, and community action.

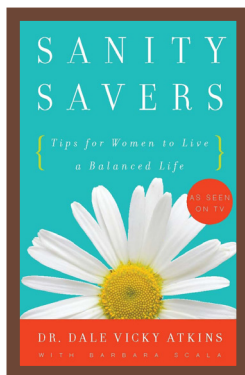
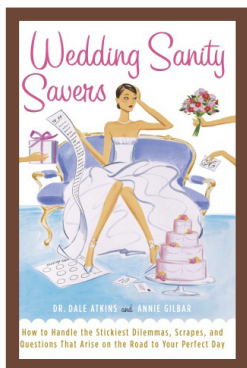
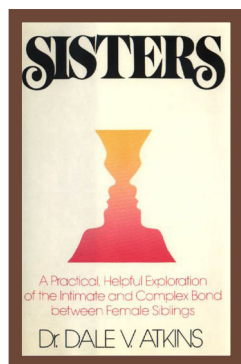
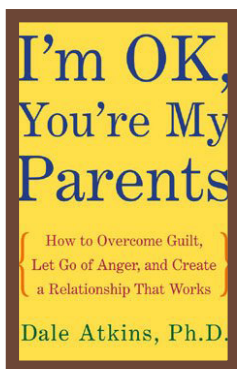
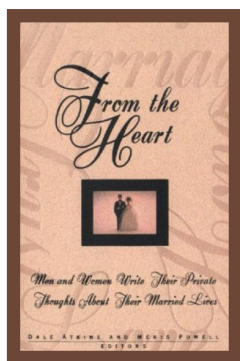
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